



## RETREAT INFORMATION

The need for times of rest, refreshment and renewal are key to a healthy and flourishing ministry and we want to support and encourage ministers, whether licensed lay ministers or those who are ordained, to take regular retreats. We see in the life of Jesus how times away from the hustle and bustle, the constant demands, were woven into his ministry and we want to encourage you to follow that example.

To help make this possible there are several options open to you.

- You can use your CMD grant (up to £250).
- You may want to ask your PCC to make a contribution so that retreats are seen as part of a healthy and flourishing ministry.
- You may be eligible to apply for funds from the Bartlett Trust to meet the cost. (Up to £500)
- Alternatively, if you meet the criteria for the Bartlett Trust but the cost of your retreat exceeds the £500 limit you may wish to claim from both the Bartlett Trust and your CMD grant.

Criteria for Bartlett Trust:

- a. Your PCC is not able/willing to meet the cost.
- b. You would find it financially difficult to meet the cost yourself.

Whichever option you choose, the application is still made through CMD using [the Retreats Application Form](#).

**Please note** that travel expenses are not included for either grant.

If you have any questions, whether about money or about Retreats in general, please get in touch: [cmdgrants@oxford.anglican.org](mailto:cmdgrants@oxford.anglican.org)